

**--- ADDITIONAL QUALIFYING STANDARDS ---
2006 BOYS AND GIRLS TRACK AND FIELD REGIONAL TRACK MEET**

	DIV. 1		DIV. 2		DIV. 3		DIV. 4	
	B	G	B	G	B	G	B	G
Pole Vault	11'11"	8'2"	11'7"	8'0"	11'0"	7'9"	9'9"	7'0"
Shot Put	45'3"	32'7"	44'1"	31'7"	43'6"	30'9"	41'0"	29'9"
High Jump	5'11"	5'0"	5'10"	4'9"	5'9"	4'9"	5'7"	4'7"
Long Jump	19'8"	15'4"	19'4"	14'11"	18'11"	14'7"	18'5"	14'3"
Discus	131'8"	98'7"	128'0"	97'6"	125'7"	94'5"	116'1"	87'10"
3200 M Relay	---	---	---	---	---	---	---	---
110 M 39" HH	:15.6	---	:16.2	---	:16.5	---	:17.6	---
100 M 33" H	---	:17.0	---	:17.2	---	:17.7	---	:18.5
100 M Dash	:11.3	:13.1	:11.6	:13.4	:11.7	:13.5	:11.9	:13.8
800 M Relay	---	---	---	---	---	---	---	---
1600 M Run	4:38.9	5:36.2	4:42.5	5:42.1	4:48.0	5:50.0	5:00.0	6:06.0
400 M Relay	---	---	---	---	---	---	---	---
400 M Dash	:52.4	1:02.8	:53.0	1:03.9	:53.6	1:05.0	:55.3	1:07.0
300 M I.H.	:41.9	---	:42.8	---	:43.2	---	:45.3	---
300 M L.H.	---	:50.2	---	:51.0	---	:51.9	---	:54.2
800 M Run	2:02.1	2:29.7	2:05.3	2:32.7	2:06.9	2:35.5	2:11.9	2:42.0
200 M Dash	:23.4	:27.6	:23.7	:28.1	:24.0	:28.5	:24.6	:29.3
3200 M Run	10:09.1	12:14.0	10:18.9	12:35.8	10:34.7	12:58.0	11:10.0	13:35.0
1600 M Relay	---	---	---	---	---	---	---	---

**--- ADDITIONAL QUALIFYING STANDARDS ---
2006 BOYS AND GIRLS TRACK AND FIELD FINAL TRACK MEET**

	DIV. 1		DIV. 2		DIV. 3		DIV. 4	
	B	G	B	G	B	G	B	G
Pole Vault	12'7"	9'4"	12'10"	9'0"	12'3"	9'0"	11'6"	8'3"
Shot Put	49'10"	35'10"	48'3"	34'7"	47'10"	34'5"	45'4"	33'3"
High Jump	6'3"	5'2"	6'2"	5'1"	6'1"	5'1"	6'0"	5'0"
Long Jump	21'2"	16'4"	20'5"	16'2"	20'3"	15'7"	19'8"	15'5"
Discus	145'4"	112'10"	140'1"	110'5"	138'5"	108'0"	131'2"	100'9"
3200 M Relay	8:09.8	9:57.2	8:18.2	10:05.6	8:26.0	10:19.0	8:39.2	10:33.5
110 M 39" HH	:15.0	---	:15.3	---	:15.5	---	:16.0	---
100 M 33" H	---	:15.7	---	:16.1	---	:16.5	---	:17.2
100 M Dash	:11.0	:12.5	:11.1	:12.8	:11.3	:13.0	:11.4	:13.1
800 M Relay	1:31.1	1:47.5	1:32.5	1:49.4	1:33.9	1:51.5	1:35.8	1:53.6
1600 M Run	4:27.3	5:18.5	4:31.3	5:25.7	4:35.0	5:31.0	4:42.1	5:40.0
400 M Relay	:44.0	:51.1	:44.7	:52.0	:45.3	:53.0	:46.3	:54.1
400 M Dash	:50.5	:59.7	:51.2	1:01.1	:51.6	1:02.1	:52.7	1:03.3
300 M I.H.	:40.0	---	:41.0	---	:41.4	---	:42.4	---

300 M L.H.	---	:47.7	---	:48.0	---	:49.2	---	:50.5
800 M Run	1:58.7	2:23.1	2:00.8	2:26.0	2:02.0	2:27.8	2:05.2	2:31.1
200 M Dash	:22.5	:26.2	:23.0	:26.7	:23.1	:27.2	:23.4	:27.6
3200 M Run	9:47.6	11:41.0	9:55.3	11:56.7	10:11.3	12:18.0	10:32.0	12:45.0
1600 M Relay	3:27.8	4:10.4	3:31.2	4:14.8	3:33.1	4:18.7	3:37.8	4:24.8

2006 STANDARD RAISES FOR REGIONAL HIGH JUMP AND POLE VAULT

Lower Peninsula

HIGH JUMP BOYS AND GIRLS ALL DIVISIONS

BOYS	REGIONAL QUALIFIER	REGIONAL START	1st RAISE	2nd RAISE	3rd RAISE	FINAL QUALIFIER	FINAL START
Div. 1 HJ	5'11"	5'8"	5'11"	6'1"	6'3"	6'3"	6'0"
Div. 2 HJ	5'10"	5'7"	5'10"	6'0"	6'2"	6'2"	5'11"
Div. 3 HJ	5'9"	5'6"	5'9"	5'11"	6'1"	6'1"	5'10"
Div. 4 HJ	5'7"	5'4"	5'7"	5'10"	6'0"	6'0"	5'9"
GIRLS							
Div. 1 HJ	5'0"	4'9"	5'0"	5'2"	---	5'2"	4'11"
Div. 2 HJ	4'9"	4'6"	4'9"	4'11"	5'1"	5'1"	4'10"
Div. 3 HJ	4'9"	4'6"	4'9"	4'11"	5'1"	5'1"	4'10"
Div. 4 HJ	4'7"	4'4"	4'7"	4'10"	5'0"	5'0"	4'9"

POLE VAULT – BOYS & GIRLS ALL DIVISIONS

BOYS	REGIONAL QUALIFIER	REGIONAL START	1st RAISE	2nd RAISE	3rd RAISE	4th RAISE	FINAL QUALIFIER	FINAL START
DIV. 1	11'11"	10'11"	11'7"	12'1"	12'7"	---	12'7"	11'7"
DIV. 2	11'7"	10'7"	11'4"	11'10"	12'4"	12'10"	12'10"	11'10"
DIV. 3	11'0"	10'0"	11'0"	11'6"	12'0"	12'3"	12'3"	11'3"
DIV. 4	9'9"	8'9"	9'9"	10'6"	11'0"	11'6"	11'6"	10'6"
GIRLS								
DIV. 1	8'2"	7'8"	8'2"	8'8"	9'0"	9'4"	9'4"	8'10"
DIV. 2	8'0"	7'6"	8'0"	8'6"	9'0"	---	9'0"	8'6"
DIV. 3	7'9"	7'3"	7'9"	8'3"	8'9"	9'0"	9'0"	8'6"
DIV. 4	7'0"	6'6"	7'0"	7'6"	8'0"	8'3"	8'3"	7'9"

* FINAL QUALIFIER RAISE

2006 STANDARD RAISES FOR FINALS HIGH JUMP AND POLE VAULT

Lower Peninsula

HIGH JUMP BOYS AND GIRLS ALL DIVISIONS

BOYS	FINAL QUALIFIER	FINAL START	1st RAISE	2 nd RAISE	3rd RAISE
Div. 1 HJ	6'3"	6'0"	6'3"	6'5"	6'7"
Div. 2 HJ	6'2"	5'11"	6'2"	6'4"	6'6"
Div. 3 HJ	6'1"	5'10"	6'1"	6'3"	6'5"
Div. 4 HJ	6'0"	5'9"	6'0"	6'2"	6'4"
GIRLS					
Div. 1 HJ	5'2"	4'11"	5'2"	5'4"	5'6"
Div. 2 HJ	5'1"	4'10"	5'1"	5'3"	5'5"

Div. 3 HJ	5'1"	4'10"	5'1"	5'3"	5'5"
Div. 4 HJ	5'0"	4'9"	5'0"	5'2"	5'4"

NOTE: FINALS USE RAISE CHART UNTIL 9 JUMPERS REMAIN.

POLE VAULT – BOYS & GIRLS ALL DIVISIONS

BOYS	FINAL QUALIFIER	FINAL START	1st RAISE	2nd RAISE	3rd RAISE
DIV. 1	12'7"	11'7"	12'1"	12'7"	13'1"
DIV. 2	12'10"	11'10"	12'4"	12'10"	13'4"
DIV. 3	12'3"	11'3"	11'9"	12'3"	12'9"
DIV. 4	11'6"	10'6"	11'0"	11'6"	12'0"
GIRLS					
DIV. 1	9'4"	8'10"	9'4"	9'10"	10'4"
DIV. 2	9'0"	8'6"	9'0"	9'6"	10'0"
DIV. 3	9'0"	8'6"	9'0"	9'6"	10'0"
DIV. 4	8'3"	7'9"	8'3"	8'9"	9'3"

NOTE: FINALS USE RAISE CHART UNTIL 9 VAULTERS REMAIN.